



JOIN US FOR OUTSIDE YOGA

Saturday, August 22

9:30 a.m.

Historic Church of St. Patrick

130 Avondale, Toledo

Attend a free yoga class led by Anne Boyle, RVT.

**Suitable for all levels*

**In case of rain, we will hold yoga in the church.*

**Bring:- a donation of hygiene/personal care products or non-perishable food for Deacon Tom's Pantry*

- water and a mat

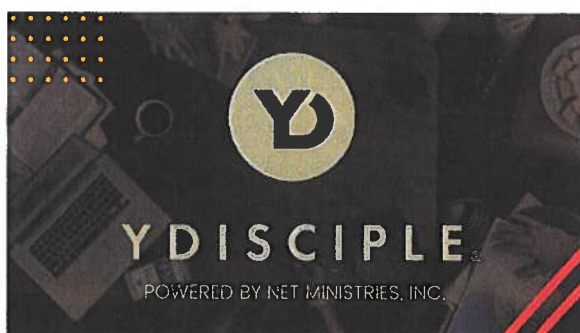
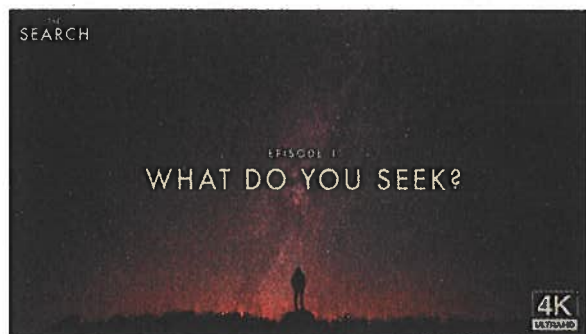
-a mask in case we meet inside

Contact: zeninthedistrict@gmail.com

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WHAT TO WATCH THIS MONTH

August



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August 2020 Liturgical Calendar

8/1 **Saint Alphonsus de Liguori**

Study: Divine Mercy; Episode 2: Behold, This Heart
Watch: The Augustinians: United in Charity

8/9 **Saint Teresa Benedicta of the Cross**

Watch: Edith Stein: The Seventh Chamber

Anniversary of the Bombing of Nagasaki

Watch: All That Remains: The Story of Takashi Nagai
Listen: A Song for Nagasaki: The Story of Takashi Nagai

8/11 **Saint Clare of Assisi**

Watch: Clare and Francis

8/14 **Saint Maximilian Kolbe**

Watch: Life for Life: Maximilian Kolbe

8/15 **Assumption of the Blessed Virgin Mary**

Study: Symbolon: Knowing the Faith; Session 9: Mary and the Saints: Our Spiritual Mother and the Communion of Saints
Watch: Mary of Nazareth

8/27 **Saint Monica**

Study: Beloved: Finding Happiness in Marriage
Study: Lectio: Prayer; Session 5: Contemplatio: The Gaze of Love
Listen: Catholic Teaching on Marriage and Annulments

8/28 **Saint Augustine of Hippo**

Watch: Restless Heart
Watch: Augustine: A Voice for All Generations
Kids: Catholic Heroes of the Faith: The Story of Saint Augustine

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