

St. Brigid Feast Day Bake Sale!

Sponsored by the HSP Evangelization Committee



Sunday, February 4 after Mass

Lent is Coming! Stock up on your calories now! 😊

Help raise money for the Evangelization Committee by donating baked items and/or buying baked goods! Goodies can be dropped off before Mass in the back of church.

As part of our Eucharistic Revival Education Series...



Join us for THE MASS

Walk through the liturgy with Bishop Barron's video series on The Mass and **BE TRANSFORMED** on this most privileged and intimate encounter with our Lord Jesus Christ. **The Mass** will help you understand how to fully, consciously, and actively participate in the **source and summit of the Christian life**.

We will be finishing up the final 3 of the 6-part series from **The Mass**. (The first 3 parts were shared in November.)

Sundays after 10:00 a.m. Mass right here at HSP

February 4: Responding to God

February 11: Preparing for Sacrifice

February 18: The Real Presence Creates Communion

*Videos last 30 minutes followed by a 30-minute discussion. Snacks will be provided.

And Finally---Join us for Muffins with Monsignor

**February 25 (after 10:00 Mass) as we discuss our Christmas Book:
Beautiful Eucharist by Matthew Kelly**

ADORATION

“The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in Heaven, and will help bring about everlasting peace on earth,”

Blessed Mother Teresa of Calcutta

Are you looking for something to do this Lent to grow in your relationship with Jesus? Adoration is one possible way to do this. Please join us at 4:00-5:00 p.m. on Wednesdays during Lent at Historic St. Patrick's to do this.

We can pray in a variety of different ways and here are some suggestions:

Pray the psalms.

Meditate using Scripture, a favorite passage or chapter.

Read the life of a saint and pray with him or her.

Ask for forgiveness and intercede and pray for others.

Pray the Rosary

Sit quietly and just “be” in the presence of God.

Make prayer a part of your Lenten plan this year to do something different. Prayer is sure needed. Come for one or all adoration dates if you feel Jesus is guiding you to do this. The dates are February 21st, 28th, March 6th, 13th, and the 20th for an hour.

Mass is at 5:30 p.m. For an extra lift attend this also.

WHAT IS SHROVE TUESDAY?

Shrove Tuesday is the day before Ash Wednesday. Shrove is the past tense of the verb to schrive which means to obtain penance and give absolution. There is a Catholic custom of going to confession on Shrove Tuesday to prepare for Lent.

Carnival comes from the Latin words carne vale meaning "farewell to the flesh" like other Catholic holidays and celebrations it likely has its roots in pre-Christian traditions based on the seasons.

Other names for Shrove Tuesday:

Fat Tuesday

Pancake Tuesday

Mardi Gras

WHAT 'S WITH THE PANCAKES?

Pancakes were an easy way for Christians to use up their milk, eggs and sugar before the 40 days of fasting during Lent. Lent involved adopting a simpler diet, without the luxuries of "fattening" foods.

THE USE OF ASHES ON ASH WEDNESDAY

The act of applying ashes to our forehead symbolizes our mortality as well as our need for ongoing repentance.

Ashes are applied to our forehead in the sign of the cross as the words, "Remember, you are dust and to dust you shall return" are spoken to us. The other formula which is used, "Turn away from sin and be faithful to the Gospel" emphasizes our call to continual conversion and holiness of life. These ashes are obtained from palms that have been burnt from the year before.

FAST AND ABSTINANCE

On Ash Wednesday and Good Friday those who are 18 but not yet 60 can fast by only having one full meal. Two smaller meals are allowed as needed. Eating between meals should be avoided.

Those who are 14 years of age or older are to abstain from meat on Ash Wednesday and all the Friday's of Lent.

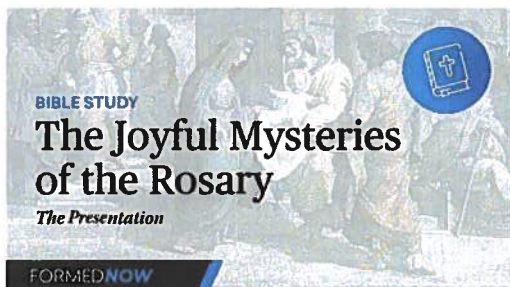
PRAYER FOR OUR PARISH

Heavenly Father, You have chosen the parish as the place by which you encounter us in our daily lives. Here Your Word is proclaimed, the Eucharist is celebrated and your people are united to a family of believers.

We thank you for the abundant blessings You have given to our parish, and pray that we may continue to serve You in faithfulness and love. Keep us open to our need of Your love and fellowship. Help us to work together to serve You and each other for the good of the Church, for the people of our Parish and for Your greater glory. Amen

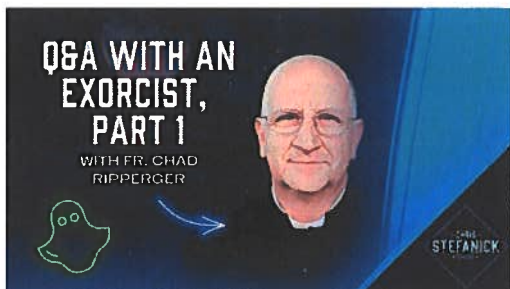
THIS WEEK ON **FORMED**

Week of January 28, 2024



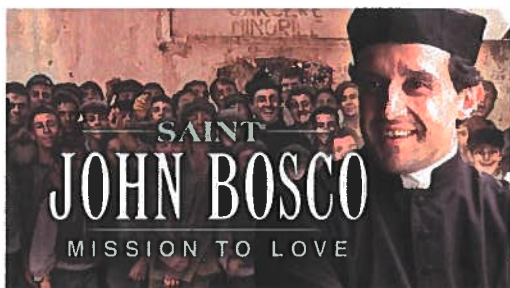
A Bible Study on the Joyful Mysteries: The Presentation

What is the importance of the Presentation of Jesus in the Temple? Join Dr. James Prothro and Dr. Ben Akers as they unpack this great mystery and how it can apply to your spiritual life.



Exorcisms: What Catholics Need to Know | Chris Stefanick Show

Scripture says, "Be sober and alert. Your opponent the devil is prowling like a roaring lion looking for someone to devour. Resist him, solid in your faith." In other words, the Christian life involves spiritual combat. But a lot of Catholics aren't really familiar with this idea. So to start unpacking it, we're talking to Fr. Chad Ripperger, an exorcist priest.



Saint John Bosco: Mission to Love

Flavio Insinna gives a winning performance as John Bosco, the great priest and educator of youth. Beautifully filmed in Italy, this epic movie dramatizes the many challenges that he had to overcome from his childhood all the way to founding his religious order.

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Visit signup.formed.org and select our parish name.