



# **YOGA OF GIVING**

**Saturday, June 28**

**10-11 a.m.**

**Historic Church of St. Patrick  
130 Avondale**

**Enter through side door**

**Taught by: Mike Zerner, Certified  
Yoga Instructor**

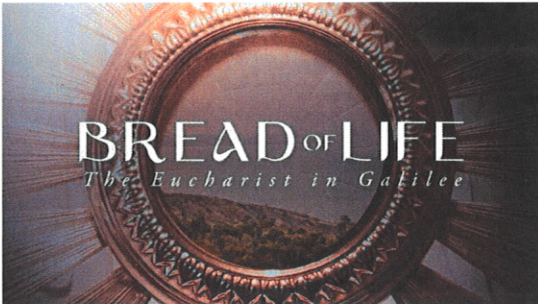
**Bring: Yoga mat, water bottle, and a  
donation of canned food or hygiene  
products for the HSP pantry.**

**ALL ARE WELCOME!**



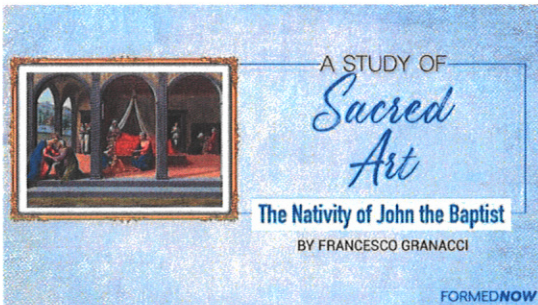
# This Week on Formed

Week of June 22, 2025



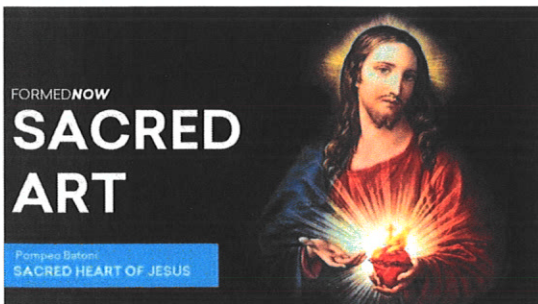
## Bread of Life: The Eucharist in Galilee

Christ's teaching about the Eucharist is the crescendo of Jesus' entire ministry: all his work in Galilee prepared for and pointed to the Eucharist. Join Dr. Tim Gray for an exciting five-part series about Jesus' teaching on the Eucharist.



## The Nativity of John the Baptist

On the Nativity of John the Baptist, join Dr. Ben Akers and Taylor Kemp as they sit down and discuss a piece of Sacred Art depicting this holy event.



## The Sacred Heart and the Immaculate Heart

Do you have a devotion to the Sacred Heart of Jesus? Deepen your devotion by listening to this discussion of sacred art pieces depicting the heart of Christ.

Our parish has a Formed subscription.  
Visit [signup.formed.org](https://signup.formed.org) and select our parish name.